LONG BEACH CITY COLLEGE
Associate Degree Nursing Program

TRENDS IN NURSING

ADN 31A

INSTRUCTORS:
Deborah Chow, RN, MSN
Jeanne Ruehl, RN, MSN

Fall 2011
Section # 70271
Section # 70272
To be turned in on the first day of class.

Name________________________________________________ Print legibly

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ADN 31A-Trends in Nursing

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Course Description:
This course is designed for students to study the trends and issues which effect current nursing practice. The major foci include the evolution of nursing, professional opportunities for the practice of nursing, the legal and ethical relationships in nursing, the economics of health care, the interpersonal relationships among health care professionals and current issues.

Time allotment, sequencing, and enrollment

1 college semester unit
Class/Lecture: 1 hour per week for 18 weeks, Total of 18 hours
This course is offered in the third semester with enrollment as space and resources allow.

Required Text

Teaching Methods
Class/lecture discussion
Written assignments
Reading assignments
Independent study
Collaborative student presentations

Student Evaluation: will be based on a total of 100 points.

1. Group presentation 12
2. Attendance & participation in lecture 18
3. Résumé 5
4. Required Course Equivalent Worksheet 5
5. Scholarly Journal Critique 30
6. Final Examination 30
TOTAL 100

*NOTE - Late work will not be accepted.

Student Course Grade
Letter grade as per Program Policies in Student Handbook.
Students in this class will be held to the standards of the College Policy on Academic Honesty.

Course Instructors
Name & Credentials                  Office    Phone            e-mail
Deborah Chow RN, MSN              100C-E    562 938-4888     dchow@lbcc.edu
Jeanne Ruehl, RN, MSN             100C-I    562 938-4610     jruehl@lbcc.edu

Instructor’s office hours are posted on the office door. Other hours may be arranged.

1.0
Long Beach Community College District

ADN31A Fall 2011
Course Content

1. Evolution of Nursing
   a. Historical perspectives in nursing
   b. Relationship of current issues in nursing to historical trends

2. Sociological and Economic Trends that Affect Nursing
   a. Nursing care as it relates to the growth of health services
   b. Relationship of nursing to other health disciplines

3. Professional Opportunities
   a. Process of employment
   b. Preparation of resume and professional letters
   c. Process of interviewing

4. Legal and Ethical Relationships in Nursing
   a. Legislation affecting nursing
   b. Nursing practice act
   c. Nurse’s code of ethics

5. Interpersonal Relationships Within the Health Team
   a. Management/leadership techniques/styles
   b. Group dynamics

6. Economics of Health Care
   a. Current legislation regarding health care payment
   b. Cost versus benefit in health care

7. Current Issues in Nursing

8. Application of Nursing Research to Nursing Practice
Long Beach Community College District  
LONG BEACH CITY COLLEGE  
Associate Degree Nursing Program  
ADN 31A—Trends in Nursing  
*Orem’s Self Care Model*  
Conceptual Framework Curriculum Implementation

<table>
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<tr>
<th>SELF CARE MODEL</th>
<th>THEORY IMPLEMENTATION</th>
<th>CLINICAL IMPLEMENTATION</th>
</tr>
</thead>
</table>
| Developmental Self Care Requisites are needs associated with development throughout the life cycle. | The following nursing issues are studied in depth:  
  • Evolution of nursing  
  • Nursing research and evidence-based practice  
  • Sociological and economic trends  
  • Professional opportunities and roles  
  • Legal and ethical issues  
  • Interpersonal relationships | The nursing process considers the Universal Self Care Requisites, Developmental Self Care Requisites, as well as the Health Deviation Self Care Requisites of patients who will be cared for in the clinical areas. |

ADN31A Fall 2011
COURSE REQUIREMENTS

During this course each student will:

1. Independently review any material from previous required courses as needed.

2. Arrive to class prepared and on time.

3. Prepare prior to class for discussion of each assigned behavioral objective.

4. Complete all required reading and written work prior to class.

5. Turn in assigned written work on time, using correct format as described in ADN Student Handbook or course syllabus.

6. Initial the attendance roster to demonstrate attendance at lecture.

7. Actively participate in class discussions and group presentations.

8. Assume responsibility for meeting behavioral objectives when absent from class.

9. Achieve at least 75% overall on all scored materials at the completion of the course.

10. Complete the course evaluation.

11. Comply with the standards of the College and Student Handbook Policies on Academic Honesty as published in the Student Handbook and in the College Catalog.
ADN31A LEARNING OUTCOMES

Upon satisfactory completion of this course, the student will be able to:

**Professional Role**
- Analyze the evolution of nursing
- Differentiate the roles of the professional nurse

**Communication**
- Formulate a plan for the process of employment
- Analyze nursing leadership styles

**Orem’s Self-Care Theory as it Relates to the Nursing Process**
- Delineate Orem’s Self-Care Theory as it guides the practice of nursing

**Critical Thinking**
- Critique nursing research as it relates to nursing practice

**Safety**
- Examine the Nursing Practice Act
- Examine the legal and ethical perspective of nursing

**Teaching and Learning**
- Organize a historical perspective of nursing

**Collaborative Management of Care**
- Relate nursing care to the sociological and economic trends of health care
- Examine current issues that impact nursing
<table>
<thead>
<tr>
<th>WEEK/DATE</th>
<th>CONTENT</th>
<th>ASSIGNMENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Aug 16/18 Introduction to the course</td>
<td>Sign up for presentations</td>
</tr>
<tr>
<td>2</td>
<td>Aug 23/25 The Evolution of Nursing Practice</td>
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<tr>
<td></td>
<td>An Historical Perspective</td>
<td></td>
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<tr>
<td>3</td>
<td>Aug 30/Sept 1 Nursing Research and Evidence Based Practice</td>
<td>Bring Articles</td>
</tr>
<tr>
<td>4</td>
<td>Sept 6/8 Research In Nursing part 2</td>
<td>Bring Articles</td>
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<tr>
<td>5</td>
<td>Sept 13/15 Guest Speaker – Lorraine Blouin</td>
<td>Counseling form</td>
</tr>
<tr>
<td>6</td>
<td>Sept 20/22 Flex Day/No class</td>
<td>Work on paper</td>
</tr>
<tr>
<td>7</td>
<td>Sept 27/29 Nurse Practice Act</td>
<td>Paper Due, Group Presentation</td>
</tr>
<tr>
<td>8</td>
<td>Oct 4/6 Nurse Practice Act</td>
<td>Group Presentation</td>
</tr>
<tr>
<td>9</td>
<td>Oct 11/13 Legal Issues</td>
<td>Group Presentation</td>
</tr>
<tr>
<td>10</td>
<td>Oct 18/20 Current Issues: QSEN</td>
<td>QSEN article DUE</td>
</tr>
<tr>
<td>11</td>
<td>Oct 25/27 Ethical</td>
<td>Group Presentation</td>
</tr>
<tr>
<td>12</td>
<td>Nov 1/3 Economic &amp; Social Factors</td>
<td>Group Presentation</td>
</tr>
<tr>
<td>13</td>
<td>Nov 8/10 Nursing Roles and Career Opportunities</td>
<td>Group Presentation</td>
</tr>
<tr>
<td>14</td>
<td>Nov 15/17 Resume writing and professional letters</td>
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<tr>
<td>15</td>
<td>Nov 22/24 Holiday</td>
<td>Work on Resume</td>
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<tr>
<td>16</td>
<td>Nov 29/Dec 1 Job Interviewing</td>
<td>Submit Resume</td>
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<tr>
<td>17</td>
<td>Dec 6/8 Capstone</td>
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<tr>
<td>18</td>
<td>Dec 13/15 FINAL EXAM (Comprehensive)</td>
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Long Beach Community College District
LONG BEACH CITY COLLEGE

ADN31A Fall 2011
### Grading

<table>
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<tr>
<th></th>
<th>Possible Points</th>
<th>Points Earned</th>
<th>Percent</th>
<th>Grade</th>
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<tbody>
<tr>
<td>Critique of Nursing Research</td>
<td>30</td>
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<tr>
<td>Attendance &amp; Participation</td>
<td>18</td>
<td></td>
<td></td>
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<tr>
<td>Resume</td>
<td>5</td>
<td></td>
<td></td>
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<tr>
<td>Counseling form submitted</td>
<td>3</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>QSEN article</td>
<td>2</td>
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<tr>
<td>Group Presentation</td>
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<tr>
<td>Final Examination</td>
<td>30</td>
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<tr>
<td>Total</td>
<td>100</td>
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The course evaluation will be done on the final day of class via an online survey.

**LETTER GRADES**  
A = 91 - 100  
B = 83 - 90  
C = 75 - 82  
D = 67 - 74 (failing in nursing)  
F = 66 and below
ADN 31A
Trends in Nursing

THEORY CONTENT: INTRODUCTION TO THE COURSE

BEHAVIORAL OBJECTIVES:

1. Review the course objectives, requirements, grading, and outcomes.
2. Discuss Orem’s Self Care Theory as it relates to the Nursing Process and the course outcomes.
3. Identify the various components and requirements of the course.
4. Be prepared to select a topic for the group presentation.
5. Formulate and clarify questions regarding the course.
ADN 31A
Trends in Nursing

THEORY CONTENT: THE EVOLUTION OF NURSING PRACTICE: AN HISTORICAL PERSPECTIVE

BEHAVIORAL OBJECTIVES

1. Discuss the evolution of nursing.
2. Discuss the historical image of the nurse.
3. Identify major historical events that had an impact on nursing.
4. Describe nursing’s response to social change from 1950 until present.
5. Describe the evolution of the nursing process from 1950 to the present.
6. Describe the relationship between nursing theory, such as Orem's Self Care Theory, and nursing practice.
7. Identify the changing role of the nurse and the implications for nursing

ASSIGNMENTS:


Articles:


3.0

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ADN 31A  
Trends in Nursing

THEORY CONTENT: NURSING RESEARCH AND EVIDENCE-BASED PRACTICE

BEHAVIORAL OBJECTIVES:

1. Define and discuss evidence-based practice.
2. Discuss the importance of nursing research.
3. Examine how nursing research is integrated into evidence-based practice.

ASSIGNMENTS:


Bring a current, scholarly research article from a nursing journal to class.

Bring a current, scholarly researcher article from a nursing journal that pertains to evidence based-practice.
GUIDELINES FOR JOURNAL CRITIQUE
ON NURSING RESEARCH

1. PURPOSE:
   To verify that the student can:
   • identify meaningful nursing research
   • report the results of research related to nursing, paraphrasing and giving credit to authors/researchers.
   • apply critical thinking and written communication skills in summarizing the research and its application to current nursing practice

2. SELECTION OF TOPIC:
   Start with a topic of interest and look under that heading in the Index for Nursing and Allied Health in the library. For purposes of this document essay, "recent" is within the past two years; "research article" is a report of a formal study with statistical analysis of the results (not opinions nor new applications of old knowledge).
   Suggested journals: American Journal of Nursing, Nursing Outlook, Nursing Research, RN, Nursing Scholarship

3. ORIGINAL REPORT:
   The journal article will cite the original research report. Student must locate and read the original research report

4. CONTENT:
   The paper must contain the following elements:
   a. Introduction- briefly describe why you are interested in this topic and outline what your paper will be about.
   b. Research-describe the research done including the methodology and the reported results, paraphrasing and giving credit to the authors where due.
   c. Application to Nursing -describe how you think the new knowledge will, or should, affect nursing.
   d. Summary-summarize what you have written in the documented essay.

5. FORMAT AND OTHER MECHANICS:
   a. Typed (double-space) according to our department policy (see student handbook).
   b. Approximately four pages, double-spaced, (about 1,200 words) in length.
   c. APA format
CRITICAL ELEMENTS FOR JOURNAL CRITIQUE
ON RESEARCH IN NURSING
ADN 31A-Trends in Nursing

Directions to student: Attach this form to the back of "Journal Critique on Research in Nursing" paper (One point will be deducted if not attached).

Name____________________________________

MECHANICS (5 Points). . . . . . . . . . . . . .

Correct grammar usage, spelling and punctuation
Logical paragraph and sentence structure

CONTENT OF PAPER (20 possible points) . . . . . .

Introduces research and content of paper
Describe research findings
Demonstrates application of research findings to nursing practice
Summarizes

REFERENCES (5 possible points) . . . . . . . .

Correct citation of references using APA format

TOTAL POINTS (30 points possible) . . . . . . . .

4.2
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THEORY CONTENT: RESUME WRITING AND PROFESSIONAL LETTERS

BEHAVIORAL OBJECTIVES:

1. Identify the components of an effective resume.
2. Develop a professional objective.
3. Prepare to write your own resume and submit by the posted due date.

ASSIGNMENTS:


Articles:


5.0

ADN31A Fall 2011
A Resume Checklist

There are several different forms of resumes. The particular form you use is designed to present your qualifications in the strongest light and will depend upon your individual background. Every resume, no matter what its shape or format, must include certain pertinent information. Each item on this checklist is important, therefore place it before you when actually putting your resume on paper.

**Personal Identification**
- Name
- Address
- Phone number
- E-mail address (if applicable)
- Title of position you are seeking or your job objective

**Experience/Employment**
- Inclusive dates of your employment
- Names and addresses (City/State) of your employers
- Your job title
- Description of your duties and accomplishments

**Education**
- Name of college or university
- Dates of attendance
- Degrees and honors achieved

**Miscellaneous Information**
- Professional organizations and associations
- Licensure
- References (optional)

The following items should never be included:

- Religion or church affiliations
- Race
- Color
- Age
- National origin
- Hobbies
- Political preferences
- Previous salaries
- Anticipated salary
- Reasons for leaving previous position(s)
- Opinions of previous employer(s)

5.1
CRITICAL ELEMENTS FOR RESUME
ADN 31A-Trends in Nursing

Directions to student: Attach this form to your resume

Name____________________________________

MECHANICS (3 possible points) . . . . . . . .

____________

Correct grammar usage, spelling, and punctuation

LAY OUT/CONTENT OF RESUME (2 possible points) . . . . . . .

____________

Professional appearance, neat, concise
Contains relevant information only
Includes items listed on the checklist

TOTAL POINTS (5 points possible) . . . . . . .

____________

5.2
THEORY CONTENT: THE JOB INTERVIEW

BEHAVIORAL OBJECTIVES:

1. Describe preparation for an initial interview.
2. Discuss proper dress and makeup for job interview.
3. Discuss methods of presenting yourself in a positive manner.
4. Be prepared to demonstrate how you would answer specific questions during the interview.

ASSIGNMENTS:


Articles:


THEORY CONTENT: CURRENT ISSUES: QUALITY AND SAFETY EDUCATION IN NURSING (QSEN)

BEHAVIORAL OBJECTIVES:

1. What is QSEN?

2. Describe the evolution of QSEN and include the driving forces.

3. Describe the six core quality competencies integrated into nursing curricula to prepare nurses for working in system focus on quality.

4. Base nursing care delivery on the knowledge, skills and attitudes defining the six core competencies.

ASSIGNMENT:


Activities:
Review the QSEN web-site [http://www.qsen.org/about_qsen.php](http://www.qsen.org/about_qsen.php) and bring a journal article related to one of the six core competencies.
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THEORY CONTENT: CAPSTONE

The course capstone will utilize clinical situations during class time to review all of the course content/concepts.

BEHAVIORAL OBJECTIVES:

1. Integrate all previous course content to apply to clinical situations given in the classroom.

2. Summarize the learning outcomes to assimilate into practice.

3. Demonstrate professional nursing behaviors during clinical scenarios in class.

4. Collaborate with classmates during class scenarios to exemplify the concepts being reviewed effectively.

ASSIGNMENTS:

Review all previous readings and articles to be able to “act out” the course concepts in class, given any clinical scenario.
STUDENT PRESENTATIONS
THEORY CONTENT: LEGAL ASPECTS OF HEALTH CARE

BEHAVIOR OBJECTIVES:

1. Define basic legal terms: defendant, plaintiff, torts, respondent superior, corporate negligence, duty, breach of duty, causation, malpractice, negligence, res ipso loquitor, informed consent.

2. Discuss major causes of malpractice suits and how to prevent them.

3. Discuss the nursing students’ and the registered nurses' role in:
   a. informed consent,
   b. Do not resuscitate (DNR/No code) orders
   c. protection of rights of the helpless,
   d. protection of patients in research,
   e. protection of patient's privacy,
   f. use of restraints in forced treatment

4. Discuss nurse’s rights as an employee with and without a written contract.

5. Discuss the patient’s rights.

ASSIGNMENT:


Articles:


9.0

ADN31A Fall 2011
THEORY CONTENT: THE NURSING PRACTICE ACT

BEHAVIORAL OBJECTIVES:

1. Define statutory law, administrative law, common law, criminal law, and civil law

2. Define licensure, certification, registration in regards to nursing. What does "Registered Nurse" mean? (§ 2732)

3. Describe the process of licensure as an RN in California (§ 2732.1).

4. Briefly describe the practice of nursing as defined by Article 2. § 2725 of the California Nursing Practice Act (extracted from Business and Professions Code).

5. Define Standards of Care; reasonably prudent nurse; competence; incompetence.

6. Describe how to maintain your RN license in California.

7. List the various modes of disciplinary actions regarding RN licensure in California.

8. Define and discuss the Grounds for Discipline listed in §§ 2761 and 2762.

9. Describe California's "Good Samaritan" law (§ 2727.5).

10. Briefly describe process of obtaining licensure in another state.

ASSIGNMENT:


Nursing Practice Act: Rules and Regulations, 2011  www.rn.ca.gov/regulations/bpc
Bring a copy of each of the sections listed above to class.

10.0

ADN31A Fall 2011
THEORY CONTENT: ETHICAL ASPECTS OF HEALTH CARE

BEHAVIORAL OBJECTIVES:

1. Compare and contrast the concepts of ethics, morality, law and etiquette.

2. Discuss the ANA Code for Nurses.

3. List sources of information on ethical issues.

4. In your own words describe accountability. To what and to whom are you accountable as a student nurse? For what and to whom will you be accountable as an RN?

5. Analyze the relationship between ethics and morality in relation to nursing practice.

6. Apply ethical decision making process to specific ethical issues encountered in clinical practice.

ASSIGNMENT:

American Nurses Association Code of Ethics. [www.nursingworld.org/ethics](http://www.nursingworld.org/ethics)


Articles:

ADN 31A
Trends in Nursing
Student Presentation

THEORY CONTENT: ECONOMIC AND SOCIAL FACTORS AFFECTING NURSING

BEHAVIORAL OBJECTIVES:

1. Discuss the historical trends in health care financing.

2. Identify and describe the common types of health insurance plans in this country.

3. Define Medicare, identify its basic provisions, and describe current problems with the program.

4. Define Medicaid (Medi-Cal in California), identify its basic provisions, and describe current problems with its program.

5. Identify the components and describe the payers of health care; the consumers; the providers; the services.

6. Discuss the possibility of universal health care and the potential affects in the United States.

7. Discuss rationing of health care.

ASSIGNMENTS:


Articles:

THEORY CONTENT: CONTEMPORARY NURSING ROLES AND CAREER OPPORTUNITIES

BEHAVIORAL OBJECTIVES

1. Discuss the various roles of the contemporary nurse and the many opportunities within the hospital setting.

2. Discuss the nurses’ role in collaboration with other health care team members.

3. Examine the evolution of the role of the Advance Practice Nurse.

4. Differentiate the roles between many types of Advance Practice Nurses and the entry-level nurse.

ASSIGNMENTS:


Articles:


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